

Learn with Nicky – Salut d’amour – Lesson 3

The main points of lesson 3:

1. Bowing and Fingering

Persevere with a good sophisticated suggestion, but if after practice it doesn't improve, get creative and try something new

2. Absorb the Larger Points

These lessons are designed for you to **absorb the larger points**. Do not worry about getting to the end of the piece. Doing less but well, is better than doing lots but not very well

3. Practice with me

RIGHT HAND

- controlled sound
- breath whilst you're playing
- airy sound
- no gripping or squeezing

LEFT HAND

- build up from the base finger
- get comfy within the position
- play notes in random order to get confident
- now add the little semi-tone down
- drop fingers
- keep hand relaxed and sensitive

Intonation allows the note to speak and ring. It is important for things to resonate in order to create emotion

VIBRATO

- the expression comes from the right hand
- the purity of the note comes from inside. Vibrato just brings it to life
- have vibrato comes from inside the note. Build it subtly and relate it to meaning

4. Create Shape

Listen to the new notes and allow them to guide you

5. Sound Quality

Build quality in your sound

Focus on right hand leading and utilise bar 13 as a moment to open out

Watch our 'With Nicky' – Developing Your Sound for more detail - <https://youtu.be/06SY5861UOk>

6. Bowing

Create circles with your bow

Do not bow simply UP AND DOWN

Fight against the temptation to do this and try to think of your bow moving in circles instead

7. Expression

We cannot play music in a monotone. It must be brought to life through diversity and expression

8. Be Organised

Be organised with your time. Be organised with HOW you practice each issue. But also be organised with how much you do at any given time.

Do not try to do too much at once.

Focus just on a small number of bars, and try to make huge improvements on something graspable.
FOCUS ON QUALITY

9. Freedom and Flexibility

Legato requires freedom and flexibility.

Watch our Back to Basics video – <https://youtu.be/nM6pbrgij2c>

Watch David Munn's class on our BF Facebook page -

<https://www.facebook.com/BenedettiFoundation/videos/564912130897307/>

10. The Bow

Are you lifting the bow or is it sinking? Both are true

Be willing to not sound good, in order to improve

11. Take a Risk

Risk something and relinquish immediate control. Allow things to get worse before they get better

12. Intonation

Intonation - SING IT

13. Rhythm

CLAP IT, but do it musically

14. The Beginning

To avoid crashing in at the beginning, tilt the bow, keep it light and creep in gently. But KEEP BREATHING

15. The Right Arm

Float with the right arm

No grabbing and imagine balloons under your arm

16. Shifting

Shifting practice - be unbelievably light, be organised, shift early, lightly and slowly